



Universitätsklinikum
Hamburg-Eppendorf

Risk-adapted transplant for MDS:upfront

Myelodysplastic Syndromes: Chaos and Order

October 26, 2018, Meldola, Italy

Nicolaus Kröger

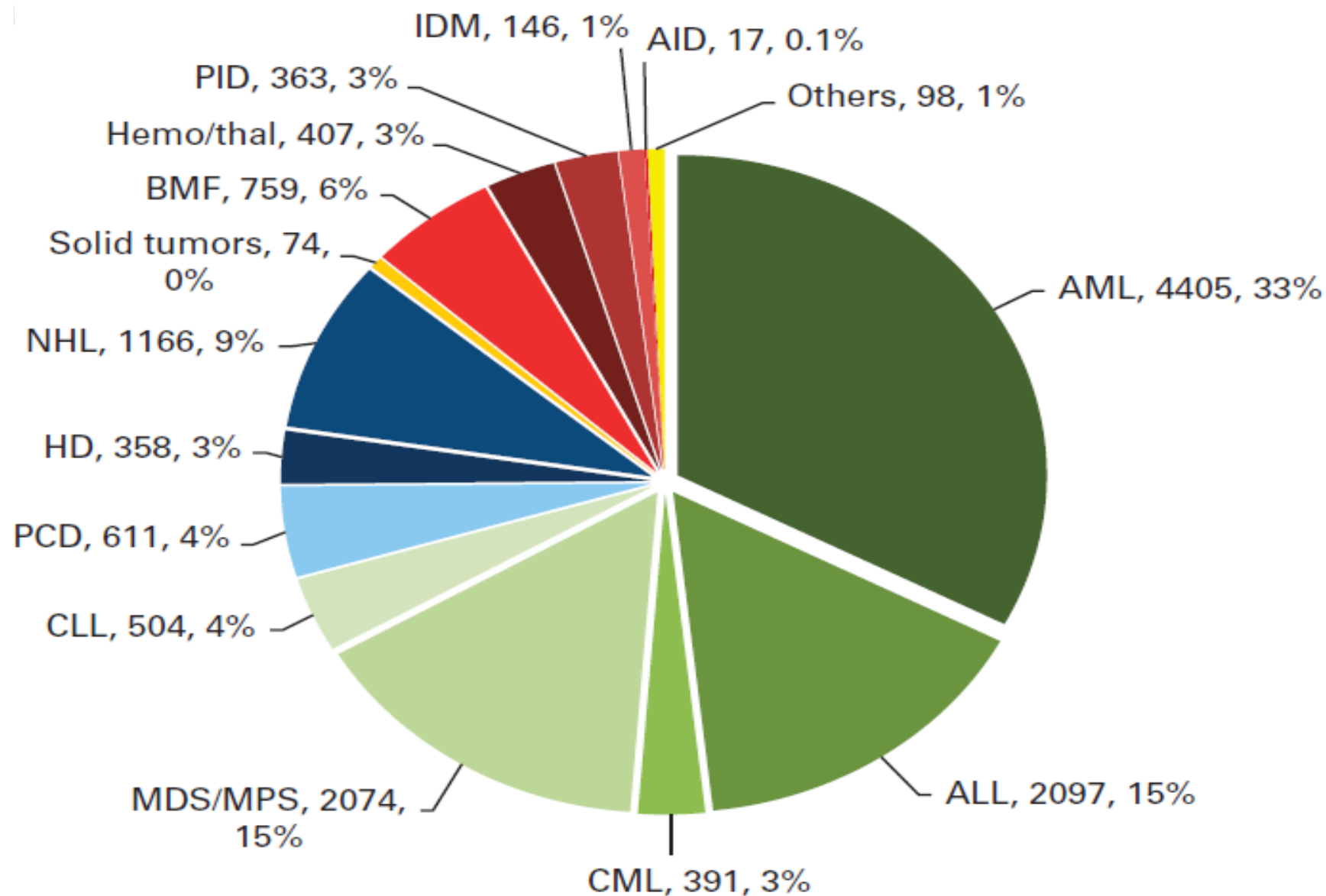
Dept of Stem Cell Transplantation

University Hospital Hamburg/Germany

On behalf the MDS subcommittee of the CMWP (EBMT)

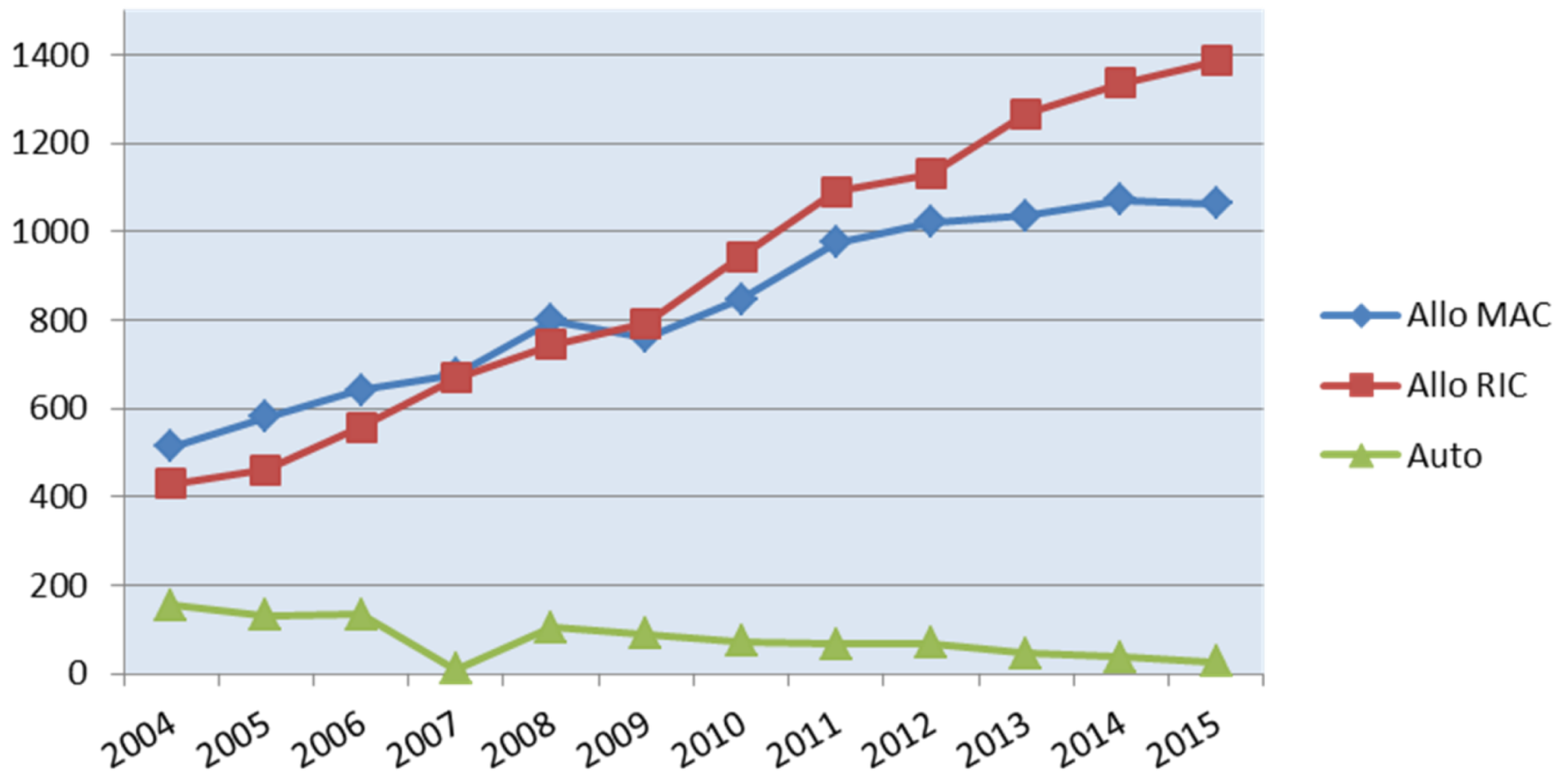


Allogeneic SCT for MDS (EBMT data)

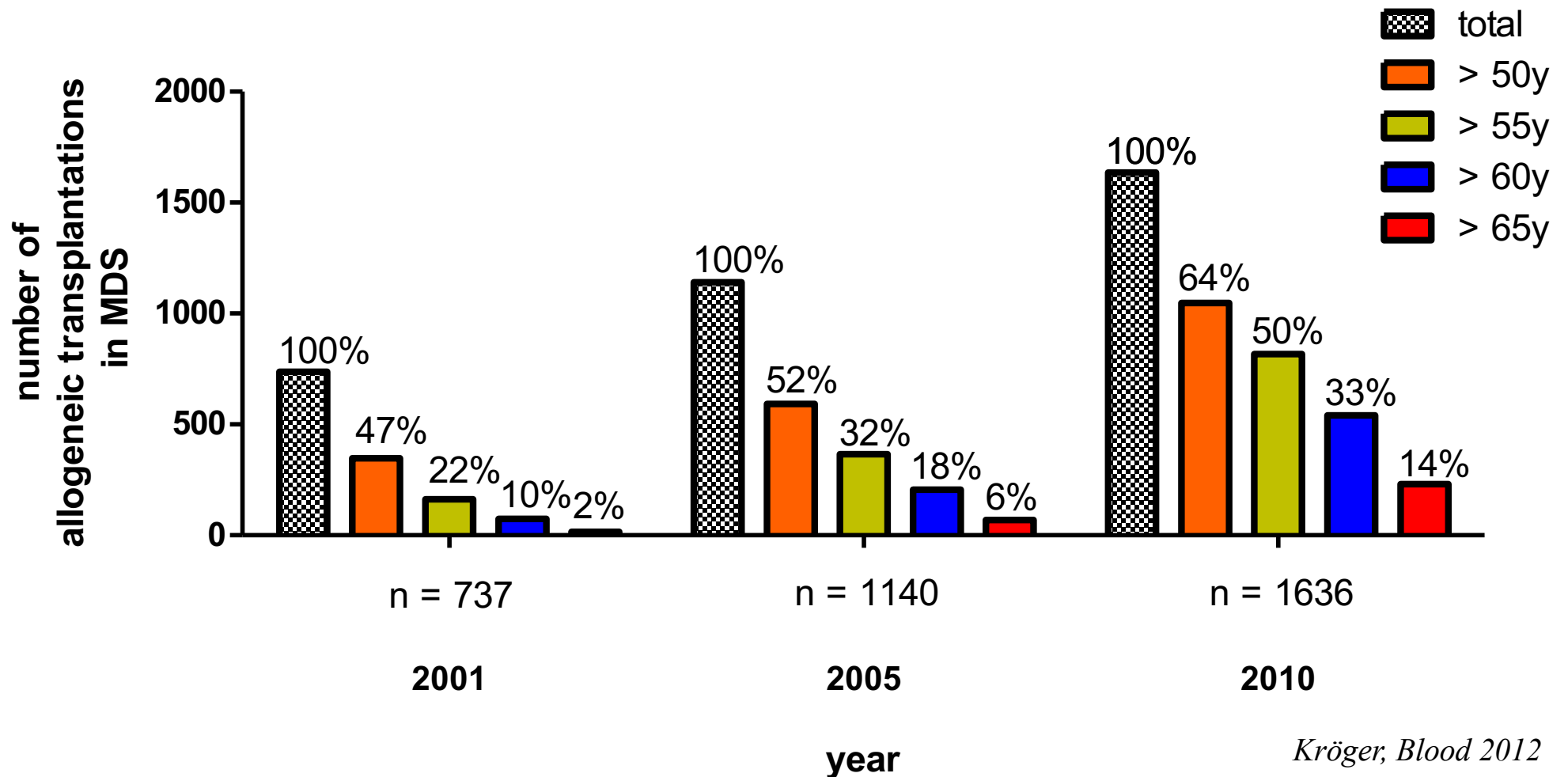


MDS transplant activity in Europe reported to EBMT

Number of MDS/sAL Transplants (n = 21732)



Allo SCT for MDS in EBMT



Case report # 1

- 50 yr-old, female, good PS, no comorbidities, admitted due to neutropenic fever
- PB: Hb, 8.3 g/dL; WBC, $2.2 \times 10^9/L$ (ANC, $0.35 \times 10^9/L$); Plt: $68 \times 10^9/L$
- BM: Blasts: 16%, no fibrosis
- Karyotype: 46,XX [20]
- Risk group: IPSS, int-2; IPSS-R, high
- No HLA-id sibling donor; a search for alternative donor is started

Question to case report # 1

Which would be your preferred option in this patient?

- 1. Wait for alternative donor availability without pre-treatment**
- 2. Start intensive AML-type chemotherapy while waiting for the alternative donor**
- 3. Start azacitidine while waiting for the alternative donor**

Case report # 2

- 64 yr-old, female, no comorbidities, admitted due to neutropenic fever
- PB: Hb, 8.3 g/dL; WBC, $2.2 \times 10^9/L$ (ANC, $0.35 \times 10^9/L$); Plt: $68 \times 10^9/L$
- BM: Blasts: 16%, no fibrosis
- Karyotype: 45,XX,-7 [12],46,XX [8]
- Risk group: IPSS, high; IPSS-R, very high
- No HLA-id sibling donor; a search for alternative donor is started

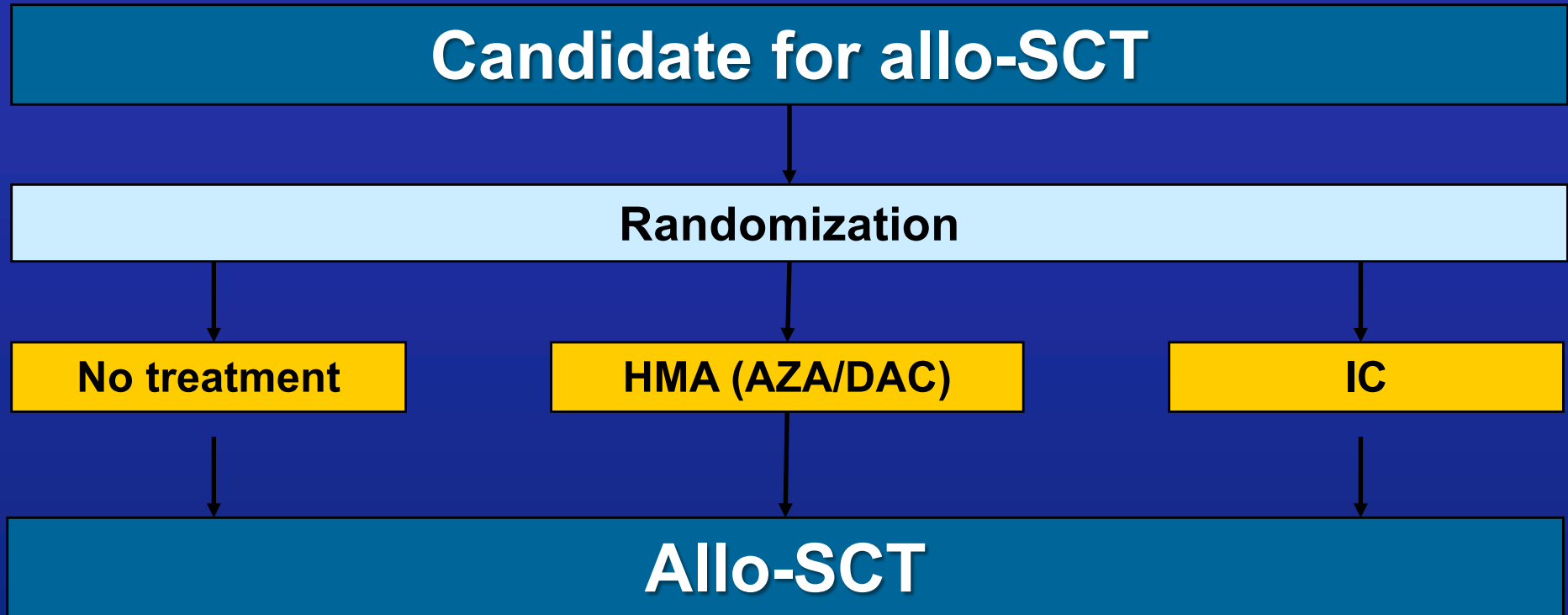
Question to case report # 2

Which would be your preferred option in this patient?

- 1. Wait for alternative donor availability without pre-treatment**
- 2. Start intensive AML-type chemotherapy while waiting for the alternative donor**
- 3. Start azacitidine while waiting for the alternative donor**
- 4. Start azacitidine or AML-type chemotherapy. If a CR is achieved I would continue that treatment without transplant until progression**

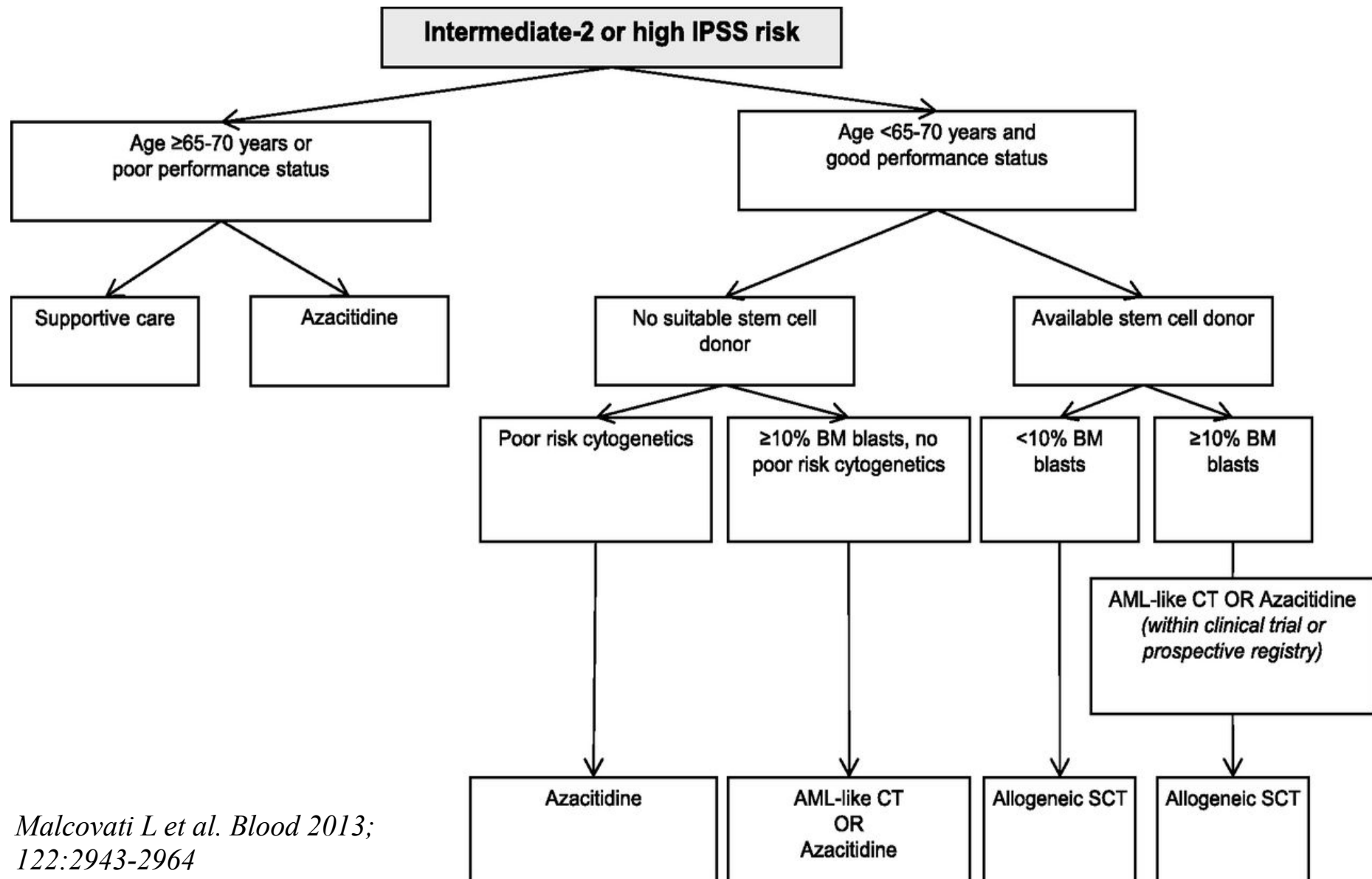
Pre-treatment

No prospective randomized trial available



Studies do not include patients who fail pre-treatment or progress without pre-treatment and are not referred to transplantation: potential bias

Therapeutic algorithm for adult pts with primary MDS + intermediate-2 or high IPSS score (ELN)



Malcovati L et al. Blood 2013; 122:2943-2964

Pre-treatment

Main reasons for preconditioning therapy

- Lower the burden of disease
 - Aim: To reduce relapse risk and improve survival
 - Classical indications:
 - Excess of blasts (usually $> 10\%$; $> 5\%$ if RIC)
 - Poor-risk cytogenetics
- Logistics
 - Aim: To stabilize the disease while waiting for the transplant
 - Classical indication:
 - Search for an alternative donor (MUD/Haplo)

Pre-treatment

Disadvantages of preconditioning therapy

- Prevent the patient from reaching the transplant or increase NRM after SCT
 - Death or serious adverse events
 - Intensive chemotherapy (~ 20 – 30%)
 - Hypomethylating drugs (unknown, likely < 15%)
- Failure to reduce burden of disease
 - Refractory disease or progression
 - Intensive chemotherapy (~ 25 – 30%)
 - Hypomethylating drugs (> 40%)

Reducing Risk of Relapse after allogeneic SCT for MDS

AML-like induction-chemotherapy in RAEB-T/sAML prior HLA-identical sibling stem cell transplantation

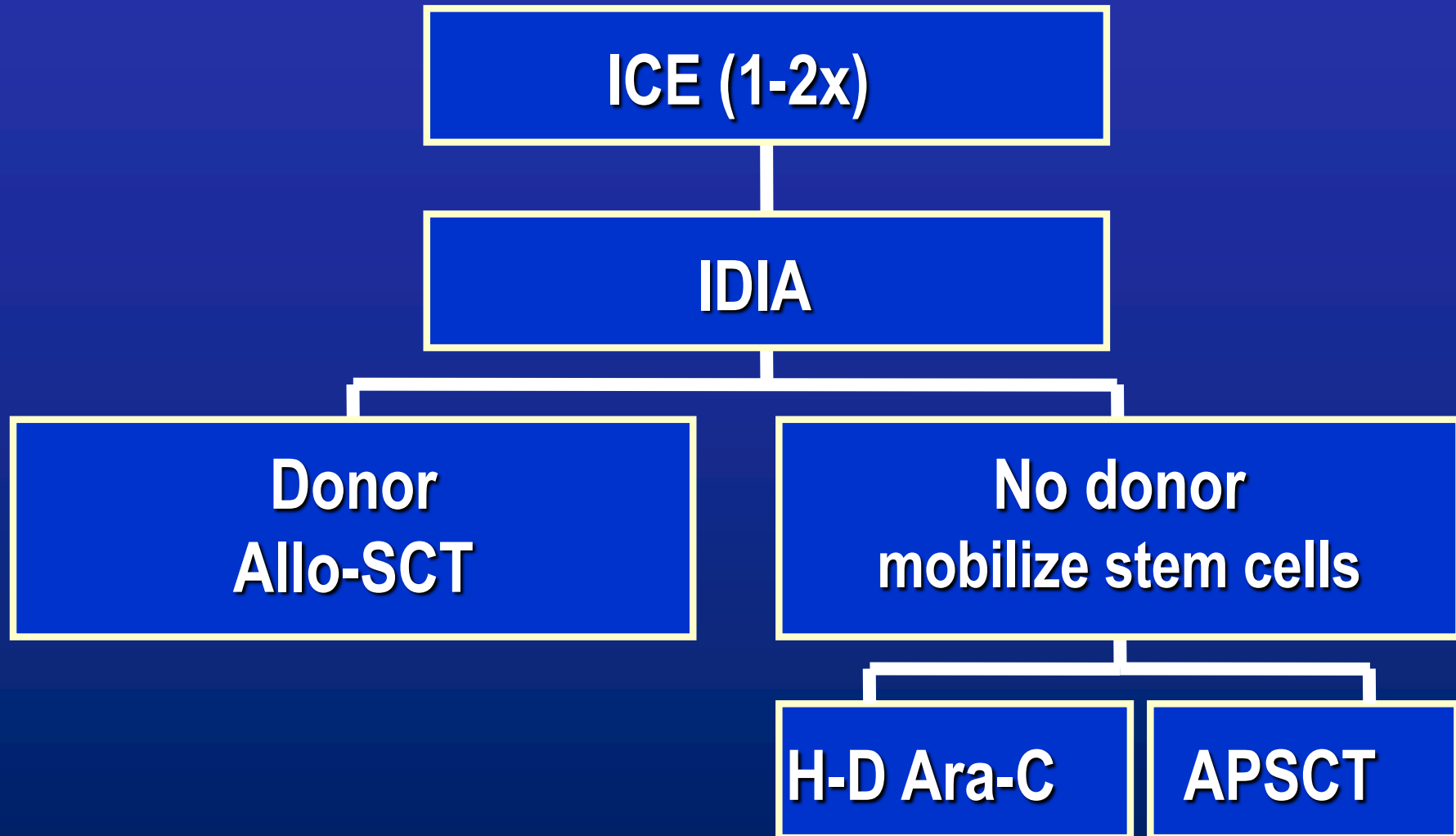
Retrospective registry data from EBMT

	<i>DFS</i>	<i>Relapse</i>	<i>TRM</i>
Without induction chemotherapy (n=111)	32%	43%	32%
In 1.CR after induction chemotherapy (n=230)	44%	30%	37%
Induction chemotherapy but without CR (n=440)	29%	42%	45%

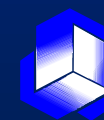
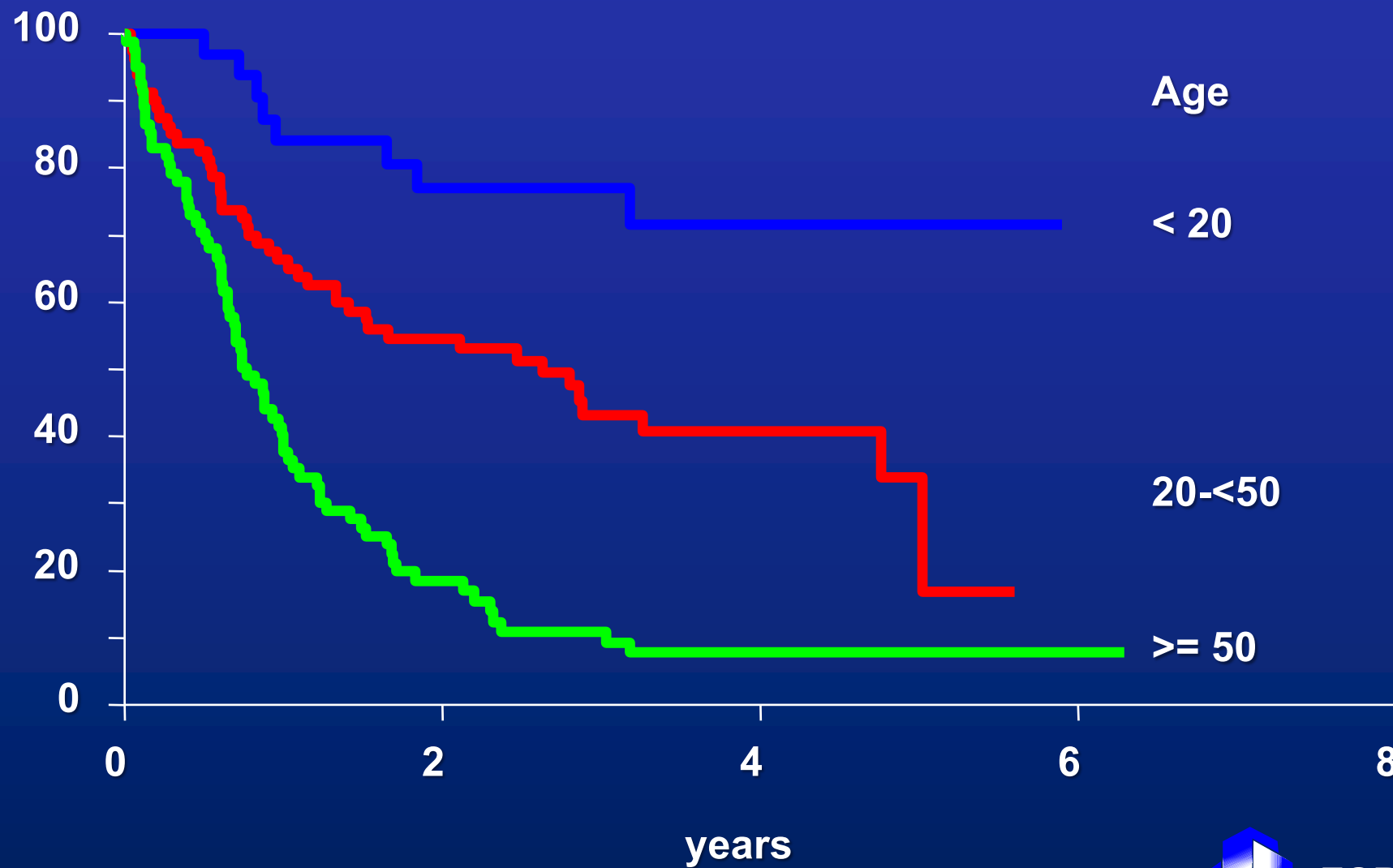
(unpublished results)



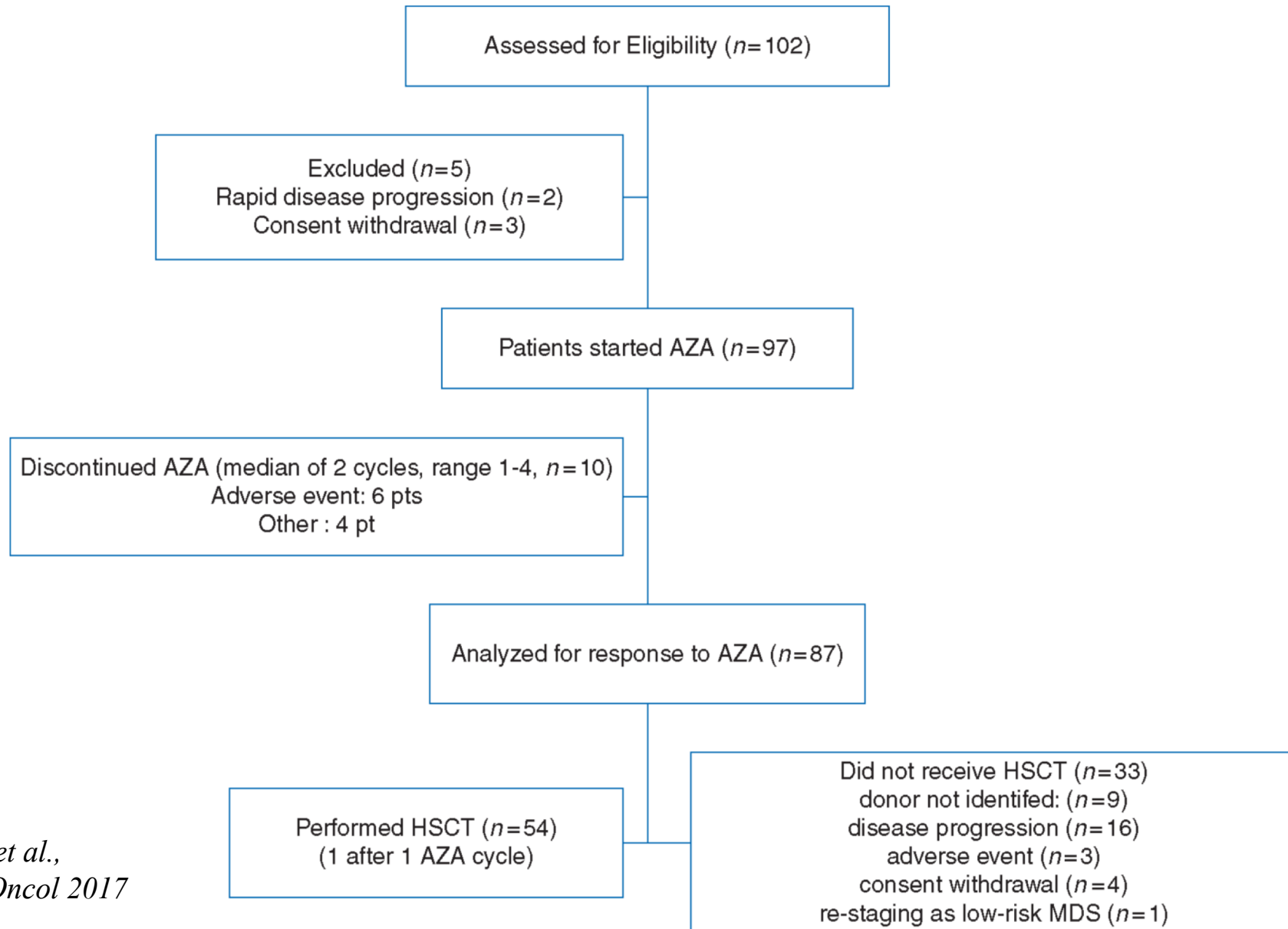
Postremissionstherapy in poor MDS/sAML CRIANT- Study (EORTC)



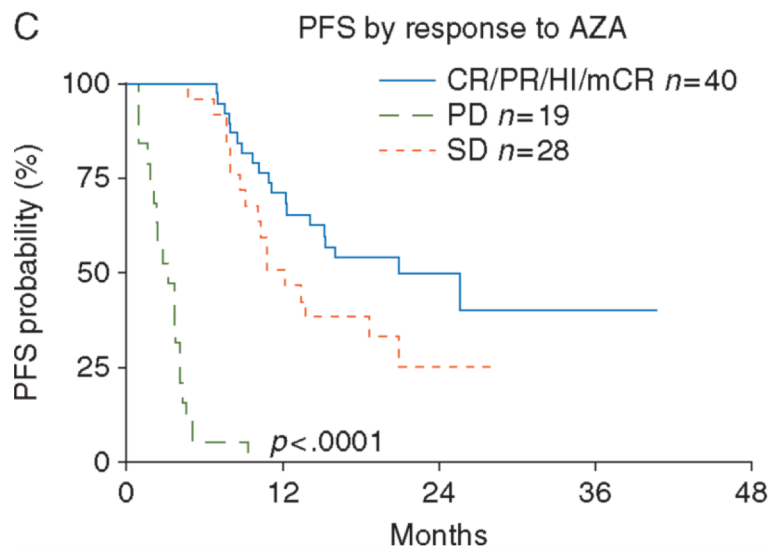
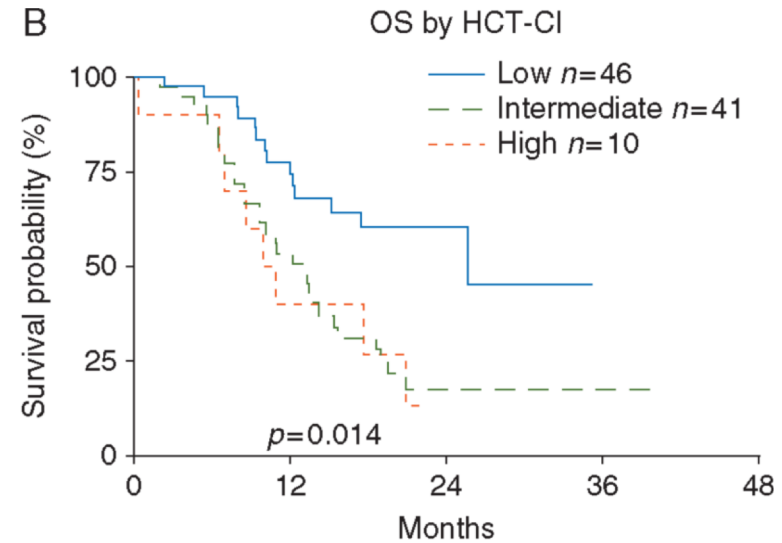
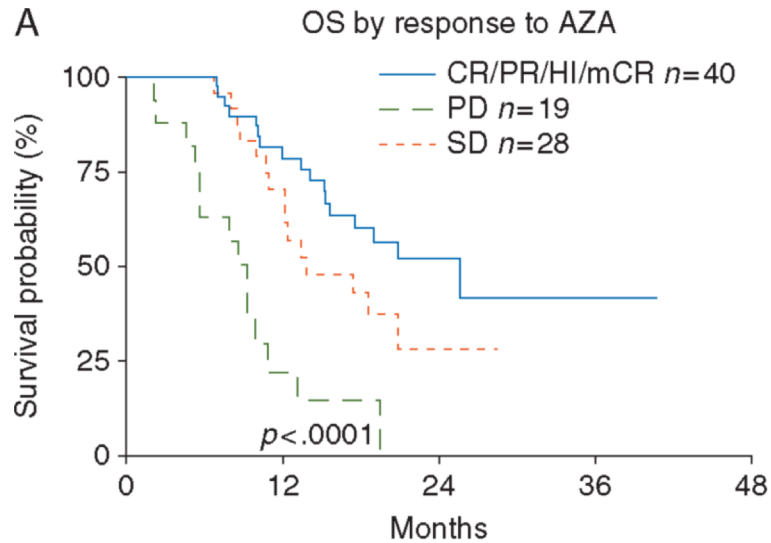
CRIANT: Survival according age



5- Azacytidine for bridging to allogeneic SCT: MDS/AML



5- Azacytidine for bridging to allogeneic SCT: MDS/AML



Prospective Vidaza-allo study

MDS (age 55-70 years) IPSS: intermediate II or high risk
(and intermediate I with high risk cytogenetic)

Registration

*5-Azacytidine (Vidaza®) 7x75 mg/m² s.c. (q28d)
4 cycles plus donor search (HLA-identical sibling or matched unrelated
donor (10/10))*

After 4 (max 6) cycles of Vidaza®

No donor available:
Continue with Vidaza®
treatment until progress or
unacceptable toxicities

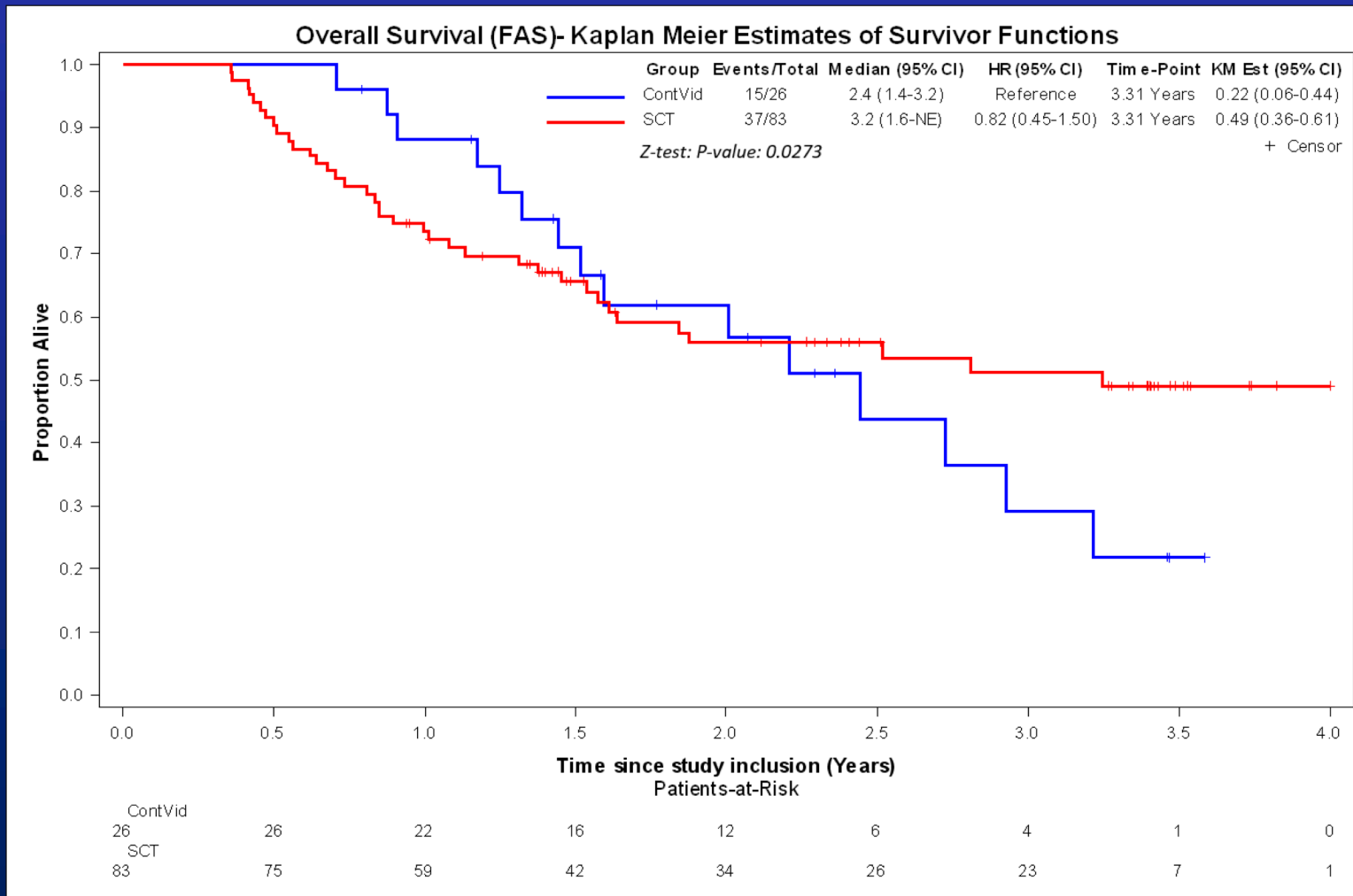
Donor available:
Allogeneic stem cell
transplantation after reduced
intensity conditioning*

possible RIC regimen:

- Busulfan 8 mg/kg (or Busilvex 6,4 mg/kg) plus Fludarabine (150 mg/m²)
- FLAMSA plus Busulfan 8 mg/kg (or Busilvex 6,4 mg/kg) plus Fludarabine (60 mg/m²)

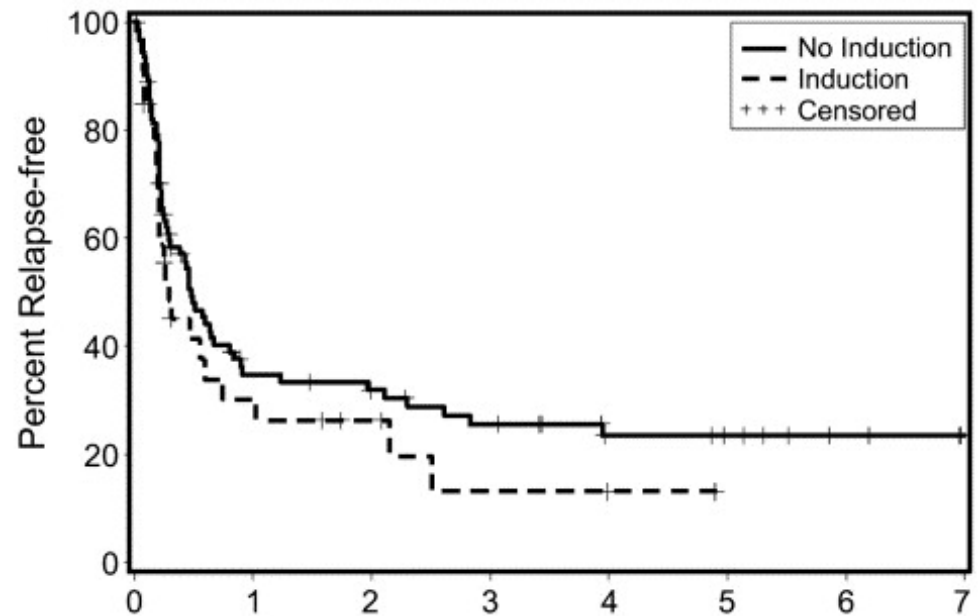
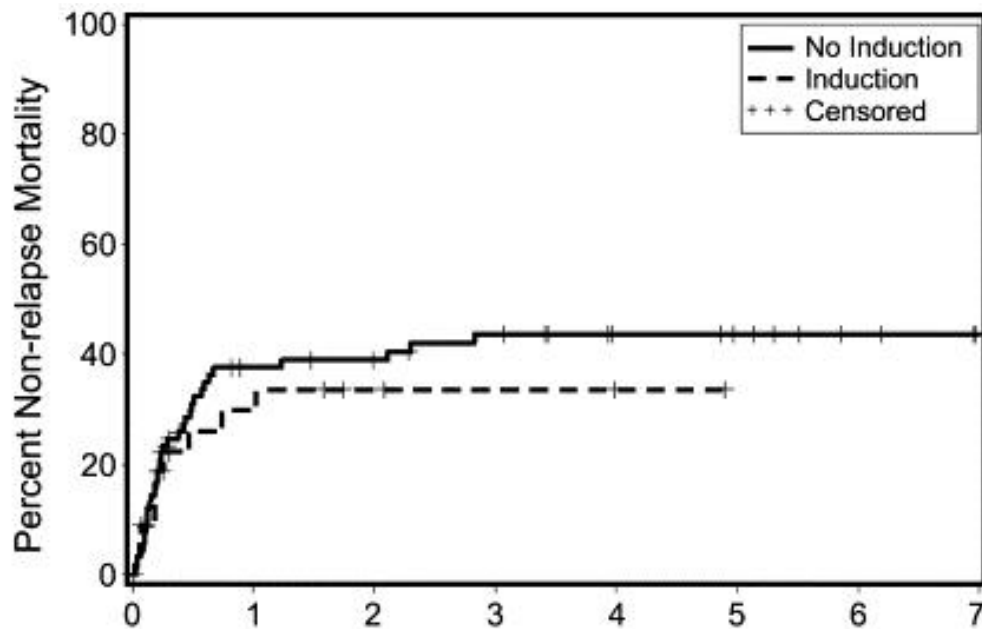
Prospective Vidaza-allo study

Between June 2011 and November 2016 190 patients with a median age of 63 years (range, 55 to 72y) from 14 German centers were included
 43% (n= 81) could not be selected after 5 Aza induction for one of the treatment arm because of progressive disease (n=25; 31%), mortality (n=14; 17%), inclusion or exclusion criteria not fulfilled (n=18, 22%),

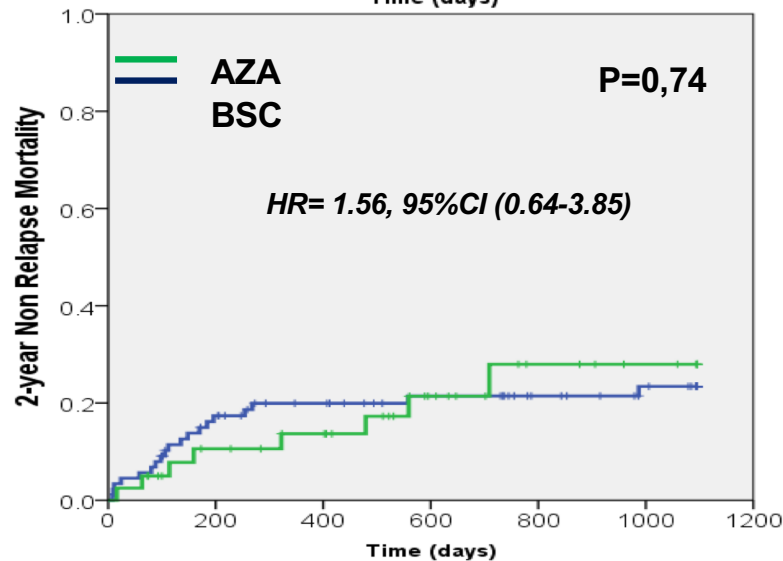
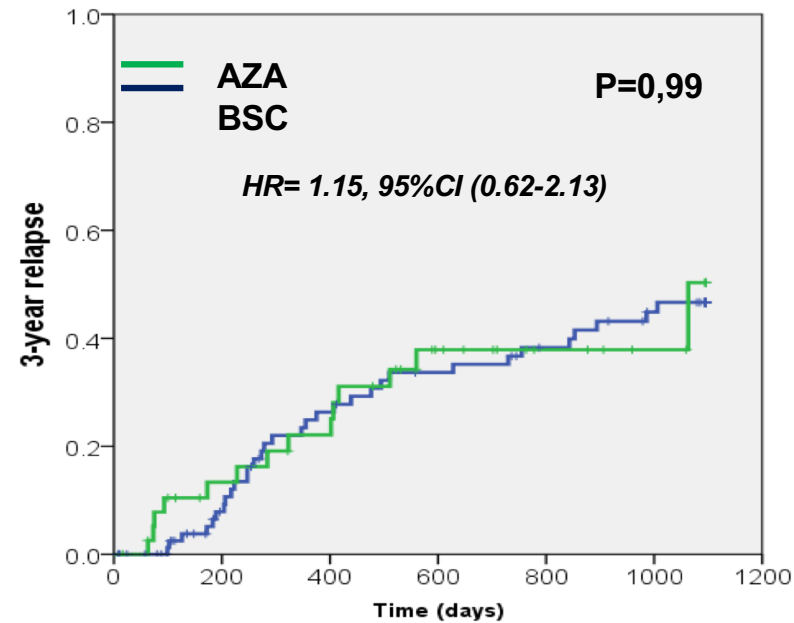
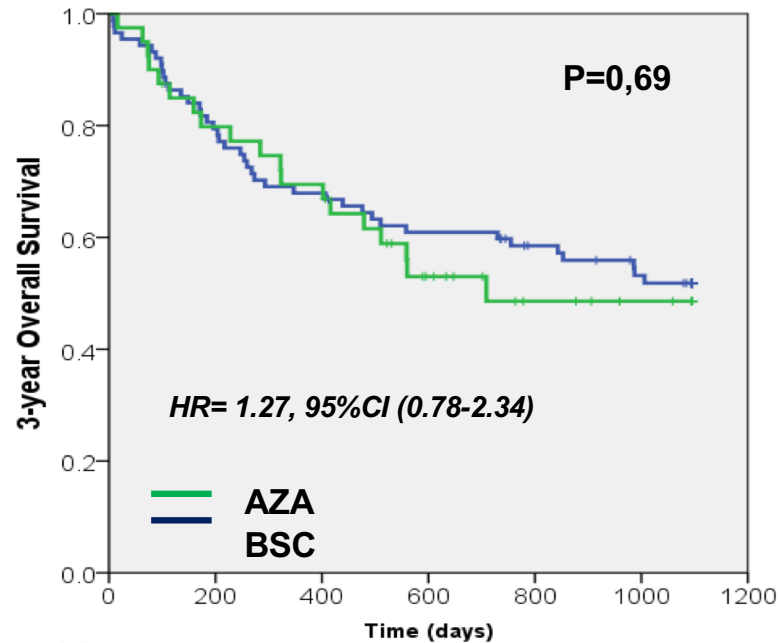


Pre-treatment IC versus no treatment

- 125 patients: IC (n = 33), no IC (n = 92)
- All received myeloablative conditioning
- No differences in RR, NRM, and RFS



Pre-treatment Azacitidine versus no treatment

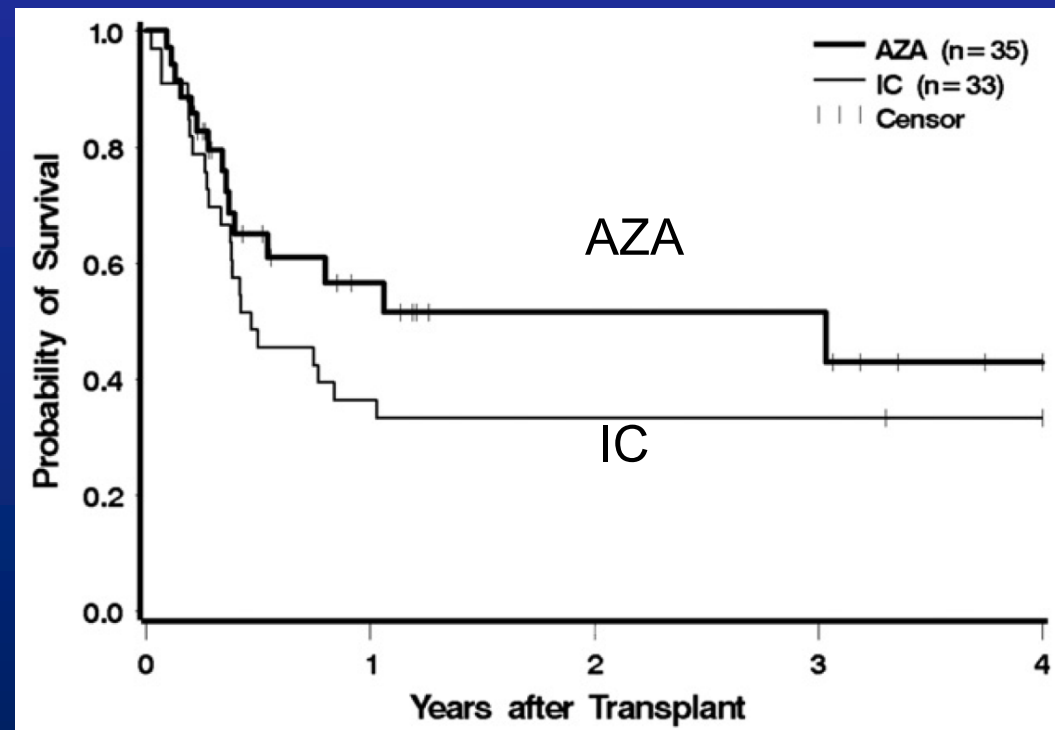


- 128 patients; AZA (n = 40), BSC (n = 88)
- All received RIC
- RD (n = 78), and URD (n = 50)
- AZA group older (P < .001), higher IPSS (P = .003), and more often URD (P < .001)

Pre-treatment

Azacitidine versus intensive chemotherapy

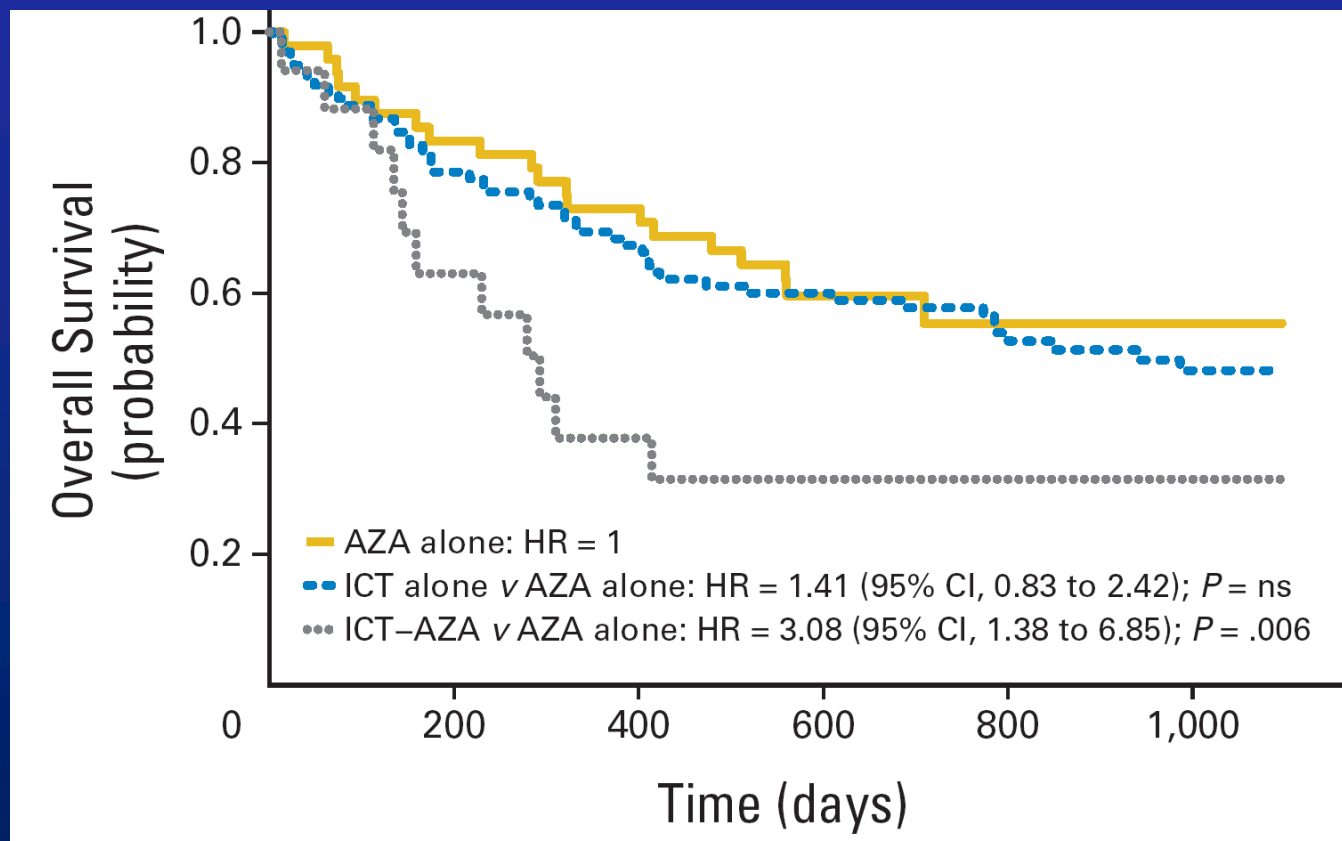
- 68 pts: IC (n = 33, all myeloablative), AZA (n = 35, 60% RIC)
- AZA patients were older (median age, 60 y vs 47 y), had less advanced disease, and had more frequently an URD (P = .002)
- No significant differences in RR, NRM, and OS were evident in multivariate analysis



Pre-treatment

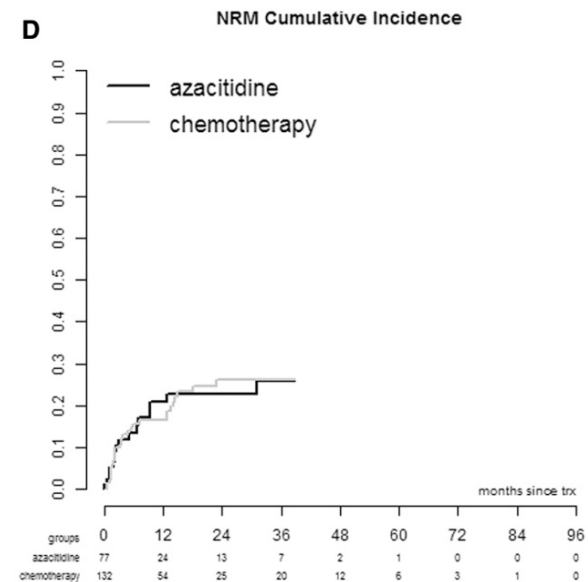
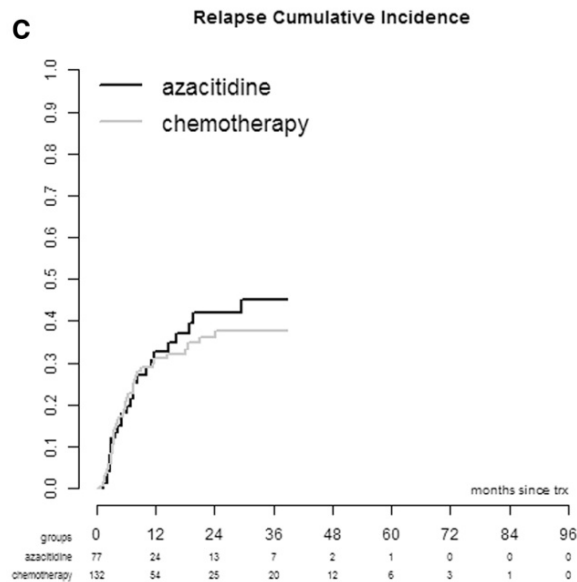
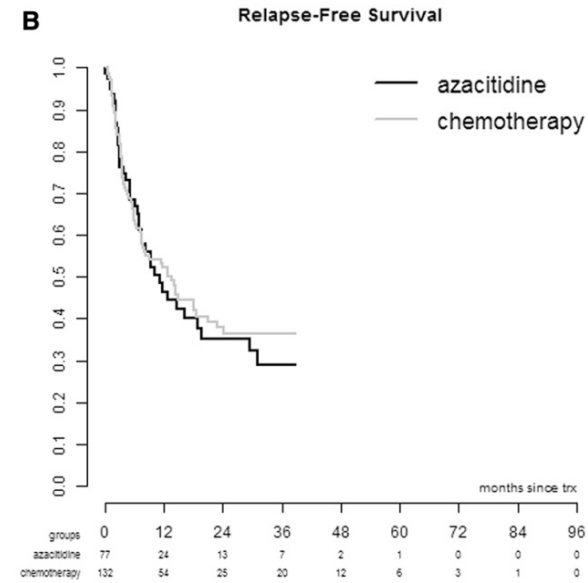
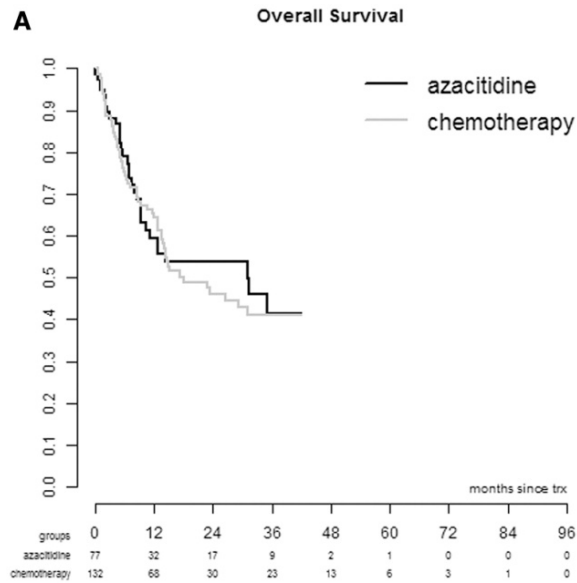
Azacitidine versus intensive chemotherapy

- 163 pts (AZA, 48; ICT, 98; AZA-ICT, 17)
- Donors: siblings, 75; MUD, 88
- Conditioning: RIC, 130; MAC, 33



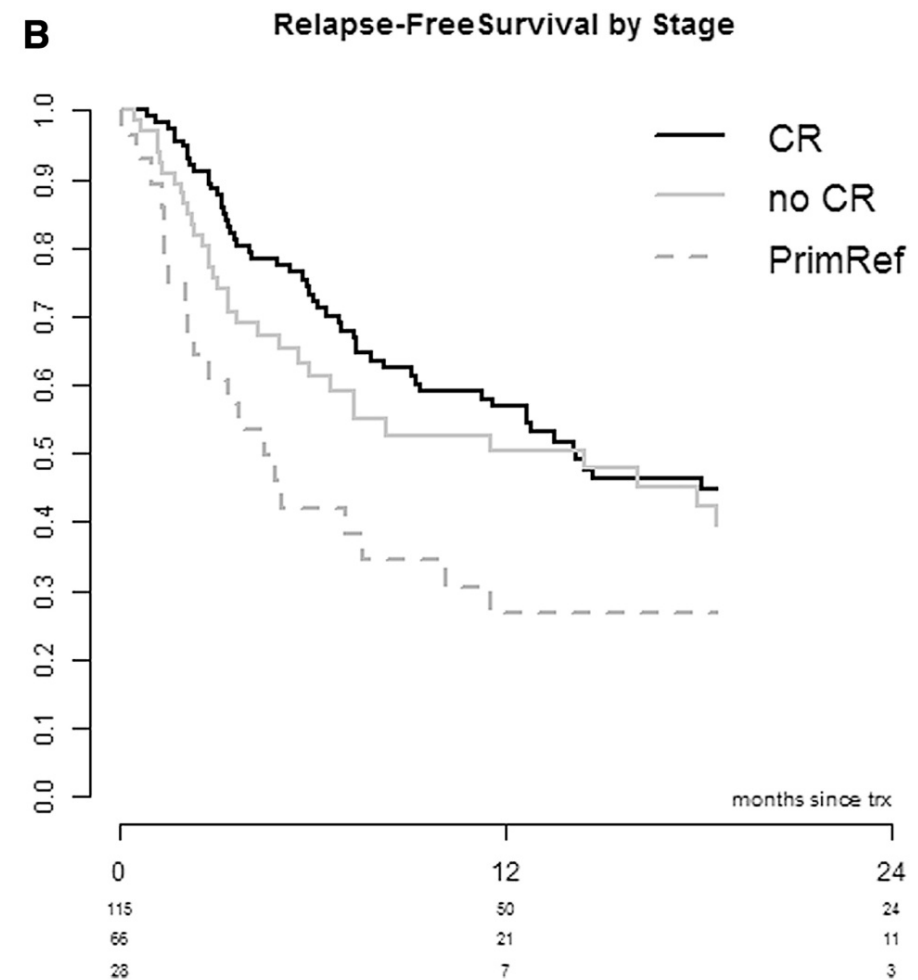
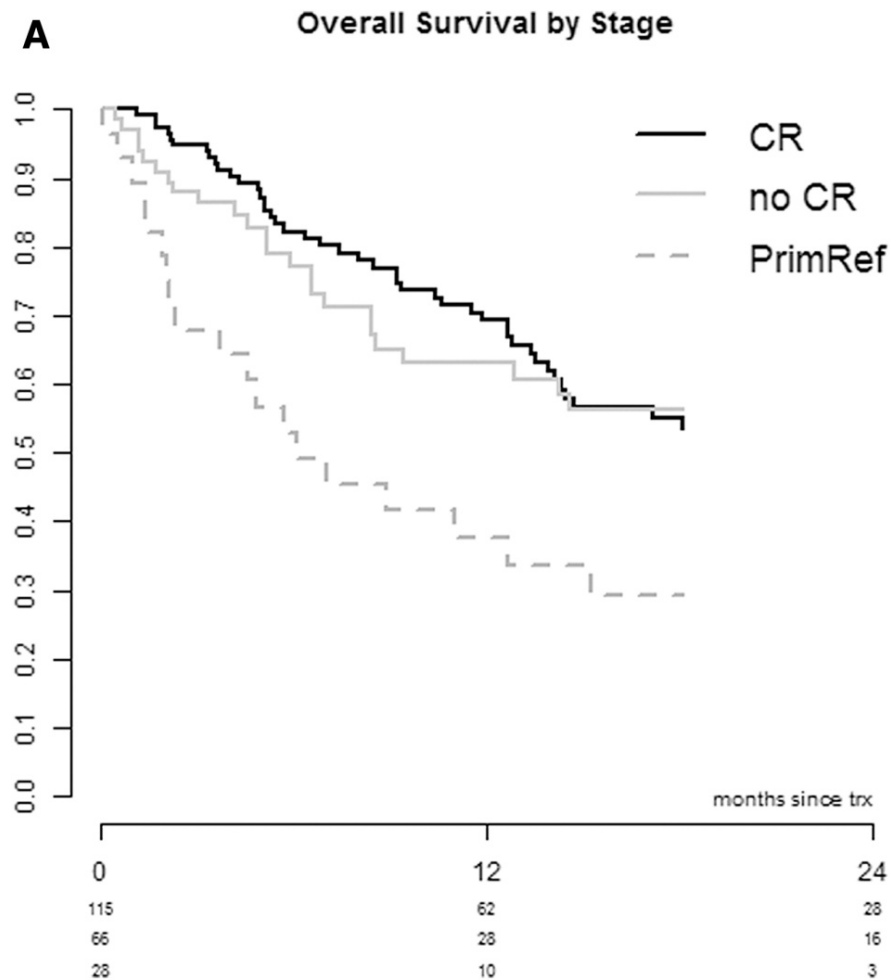
Pre-treatment

Azacitidine vs intensive chemotherapy (EBMT)



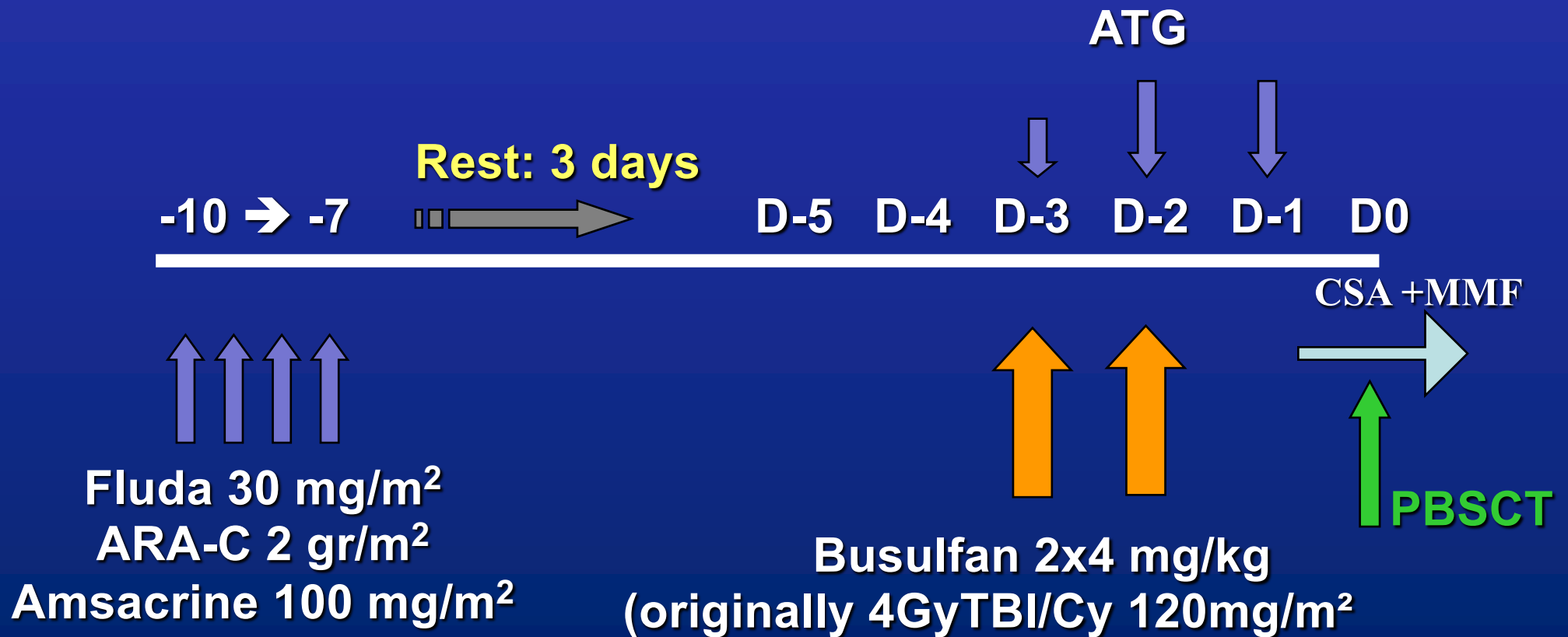
*V. Potter et al Biology of
Blood and Marrow
Transplantation 2016 22,
1615-1620*

Pre-treatment Azacitidine vs intensive chemotherapy (EBMT)

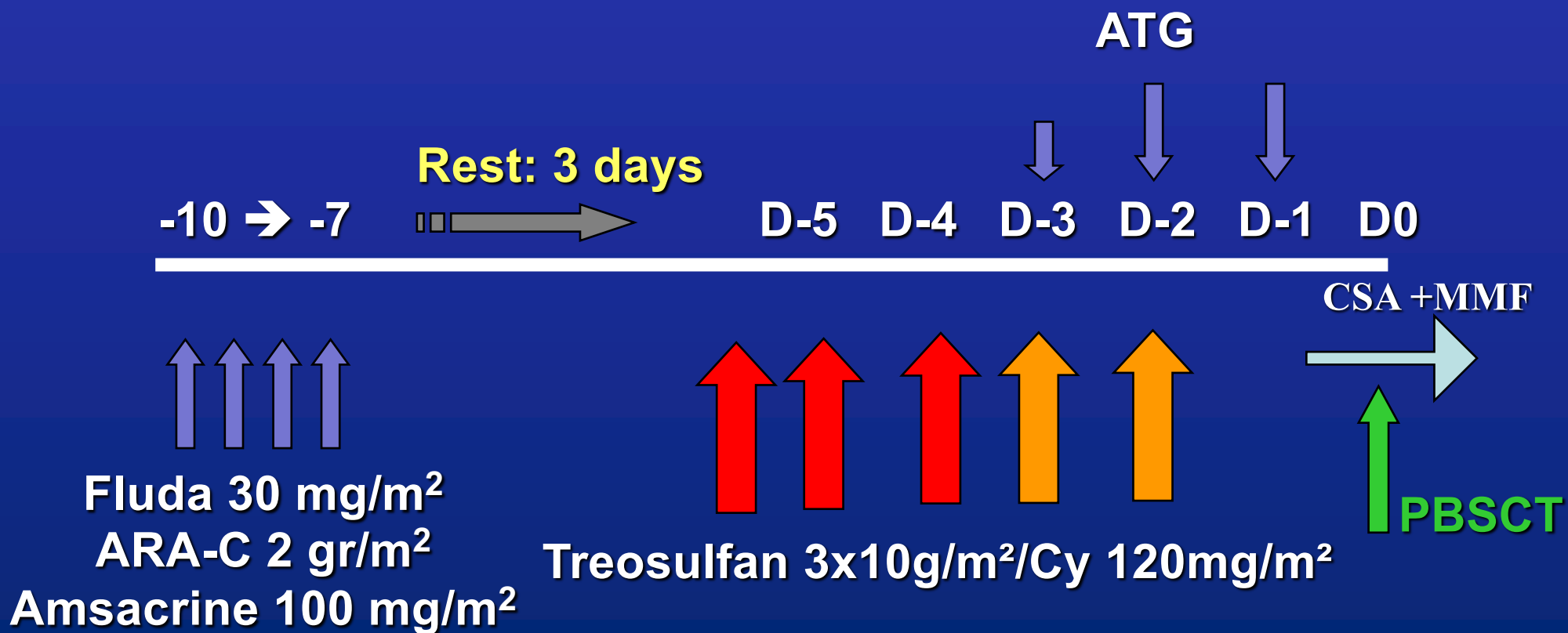


Induction followed by immediate conditioning

FLAMSA protocol



Induction followed by immediate conditioning

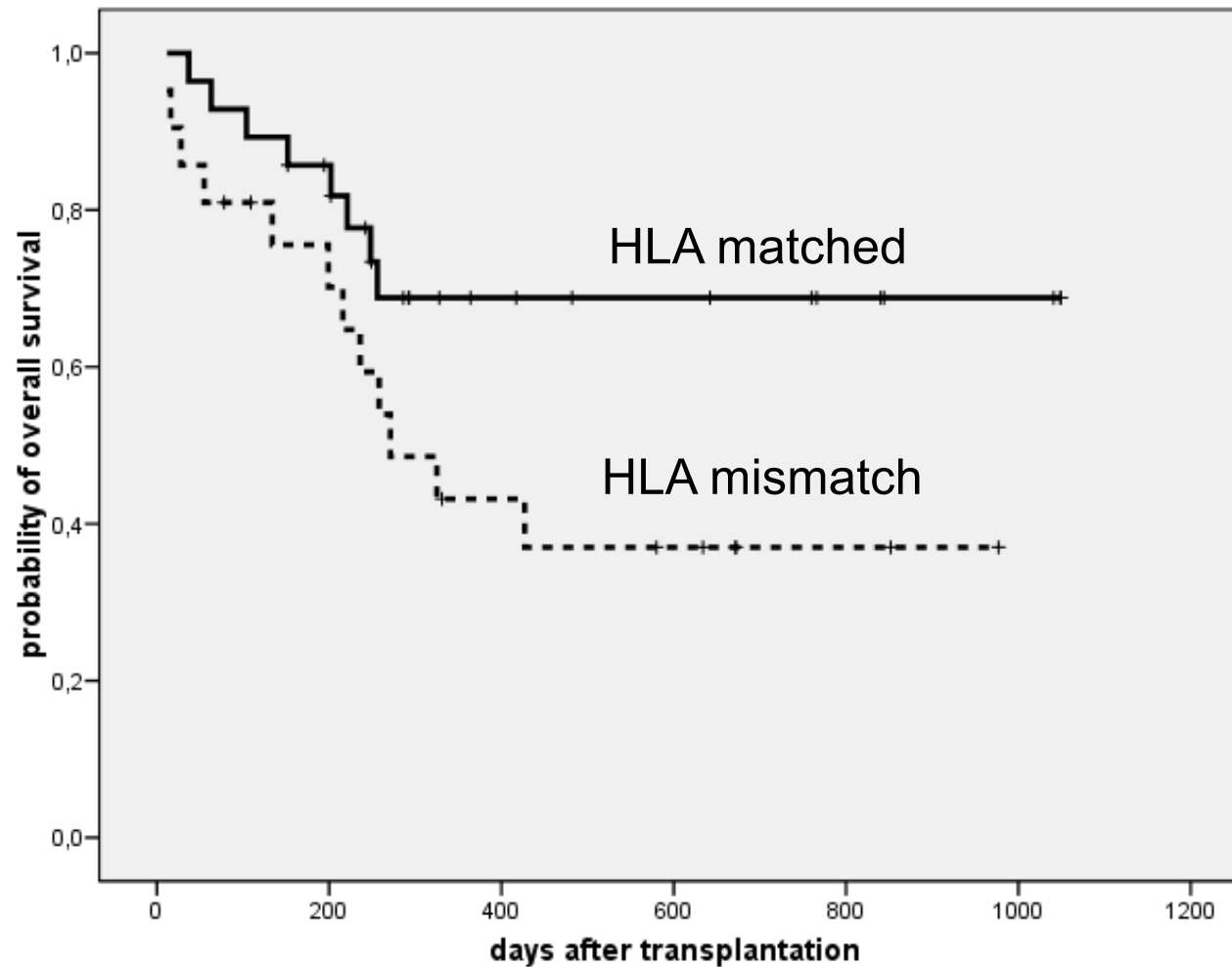


Sequential chemotherapy followed by reduced intensity conditioning

Amsacrine/fludarabine/ARA-C followed by busulfan (8 mg/kg) and fludarabine (60 mg/m²) and ATG

- **n = 77**
- **MDS (n = 36), CMML (n = 11), sAML (n = 15)**
- **Median age: 61 years (r, 26 - 73)**
- **Donor: MUD (n = 65), related (n = 12)**
- **HLA 10/10: n= 46 MMUD: n=31**
- **Median blasts at SCT: 12% (r, 0 – 60)**

Sequential chemotherapy followed by reduced intensity conditioning



Kröger et al. unpublished

Case report # 1

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- BM: Blasts: 16%, no fibrosis
- Karyotype: 46,XX [20]
- Risk group: IPSS, int-2; IPSS-R, high
- No HLA-id sibling donor; a search for alternative donor is started

My personal choice:

I would wait for MUD, then sequential conditioning (FLAMSA)

Case report # 2

- 62 yr-old, female, no comorbidities, admitted due to neutropenic fever
- PB: Hb, 8.3 g/dL; WBC, $2.2 \times 10^9/L$ (ANC, $0.35 \times 10^9/L$); Plt: $68 \times 10^9/L$
- BM: Blasts: 16%, no fibrosis
- Karyotype: 45,XX,-7 [12],46,XX [8]
- Risk group: IPSS, high; IPSS-R, very high
- No HLA-id sibling donor; a search for alternative donor is started

My personal choice:

I would wait for MUD, then sequential conditioning (FLAMSA))

Pre-treatment

Azacitidine vs intensive chemotherapy

- Data do not allow definite recommendations on the best type of pre-treatment
- Subsets of patients who could benefit from pre-treatment cannot be properly defined
- Decision should be made on an individual basis
 - Characteristics of the disease (blasts, cytogenetics)
 - Characteristics of the patient (age, comorbidity)
 - Characteristics of the transplant (conditioning, alternative donor)
 - Patient's choice